

01-NEW OCEAN

I'M LOOKING FOR THE ONE  
A PATH INTO THE HILLS  
ANOTHER SETTING SUN  
THE POWER WITHOUT THE WILL  
AND WE CAN FALL INTO THE NEW OCEAN

MAKE READY ALL THE BOATS  
THE VALLEY'S FILLING UP  
LET'S LOWER DOWN THE ROPES  
AND LET OUR BROTHERS IN  
AND WE CAN FALL INTO THE NEW OCEAN  
WITH ALL YOU DO, ARE YOU READY SON?

TIED A RIBBON 'ROUND A STAR  
SO IT WON'T FORGET MY WISH  
TO NEVER BE SO FAR  
GIVE MY BODY TO THE FISH SO THEY DON'T STARVE  
AND WE CAN FALL INTO THE NEW OCEAN  
AND WHERE ARE YOU, MY DARLING ONE?

HERE WE COME

02-ALL RIGHT NOW

I'VE BEEN LOOKING FOR A FRIEND TO HOLD MY HAND  
I'VE BEEN ROLLING OVER STONES AND KICKING FIRE INTO THE SAND  
I LOOK INTO THE GLASS I MADE  
I THINK I GOT A PLAN NOW

IT'S ALL RIGHT NOW THAT YOU REACHED OUT, YES

I'VE BEEN RUNNING FROM THE SUN AND HEADING WEST  
THEN I RAN OUT OF LAND, THERE AIN'T NO SAND,

THERE'S NOTHING LEFT  
THEN I SWIM UNTIL I CANNOT MOVE, I'M NOT AFRAID TO DROWN

IT'S ALL RIGHT NOW THAT YOU REACHED OUT, YES

03-YOU AND ME

I'M WATCHING THE CLOUDS ROLL IN  
ALWAYS THE RAIN, ALWAYS WIND  
BUT WHO WOULD YOU RATHER I WAS?  
THE KIND THAT UP AND LEFT, OR THE KIND THAT CAN'T GIVE UP  
A HEART STILL BEATING?  
AND HOW COULD I FORGET  
THE SWEETNESS OF YOUR LOVE  
WHO KNOWS HOW  
MOVING ON

IS THIS WORLD I WATCHED MY GRANDPA LEAVE?  
THEY TELL ME YOU AND ME ARE JUST THE SAME  
DID YOU FIND GOLD, DID YOU FIND ANGEL'S WINGS?  
THEY TELL ME YOU AND ME ARE JUST THE SAME  
MY BRAIN IS WEAKENING

04-DRINKING WITH DAD

OH, SWEETHEART, I CAN TASTE YOUR LIPS FROM HERE  
I KNOW YOU'VE BEEN DRINKING BEERS WITH MY DAD  
NOW THAT I'VE GOT YOU BACK  
I WON'T LET GO

WHAT'S IT MEAN TO YOU?

IT'S A PEN, NOT A FALLING STAR  
THEY CAN KNOW JUST WHO YOU ARE RIGHT FROM BIRTH  
NOW THAT THEY'VE MADE YOU HURT

THEY WON'T LET GO  
THEY WON'T LET GO

DO YOU FEEL FEAR OF DEATH?  
IS IT YOUR LIFE YOU REGRET?  
THEN THERE'S THE LAST LINE  
I HAVEN'T FOUND TIME TO WRITE  
WHERE IS MY LIFE?

05-TWO WEEKS

I AIN'T NEVER SEEN A DREAM COME TRUE  
WHEN I WEAR MY FAVORITE SHIRT  
JUST TO IMPRESS YOU NOW IS VEY HARD TO DO  
LIKE A KNIFE INSIDE  
THE MEMORY MAKES IT HURT

THERE'S THE FLOWER YOU THREW ON THE STAIRS  
LOOKS JUST AS LIVE AS WHEN YOU LEFT  
AND FOR THE NEXT TWO WEEKS I WATCH THE COLORS CREEP  
INTO THE GRAVEYARD THAT I KEEP BENEATH THE STEPS  
WITH ALL MY BURNT UP CIGARETTES  
WHERE THE RATS HAVE MADE A NEST  
HOLDING PEANUTS TO THE CHEST

STAY AWAKE AND WATCH THE FLOWERS DIE  
OR GO TO SLEEP AND KNOW THE VISIONS LIE  
AND FOR THE NEXT THREE WEEKS YOU SEE ANOTHER GUY  
IN THE MIRROR WHEN YOU LOOK BENEATH THE HAT  
BEHIND THE DRUNKEN CIGARETTE  
AND THE BEARD THAT HIDES THE FACE

ALL THIS HAPPENED  
ONE WEEK, I KNEW I LOVED YOU

AT TWO WEEKS, I THOUGHT I WANT TO  
TAKE THIS MIRROR OFF THE WALL  
I DON'T LIKE THIS DUDE AT ALL  
TAKE THE RAZOR TO MY FACE  
TAKE A PICTURE JUST IN CASE  
THINGS DON'T WORK OUT LIKE I PLANNED  
AND YOU TAKE ANOTHER HAND

06-I KNOW YOU

I KNOW YOU HAD ENOUGH SUNSHINE  
AND THE SUNLIGHT STILL DRIPPING OFF TREES  
I KNOW YOU, I SAW YOU ALL NIGHT  
IN THE FILMS THAT STILL PLAY IN MY DREAMS

AND NOW MY BRAIN IS ON  
AND NOW MY GUARD IS FALLING

I KNOW YOU IN YOUR MAKEUP  
I KNOW YOU WITH NO CLOTHES ON  
I KNOW YOU

I KNOW YOU HAD TO KNOW SUNSHINE  
AND THE SUNLIGHT STILL DRIPPING OFF TREES  
I KNOW YOU, I SAW YOU  
IT WON'T DO TO IGNORE YOU  
I KNOW YOU

07-I CAN'T WAIT

IF YOU CAN SEE ME, I'M GLAD YOU HAVEN'T GONE  
I'M GLAD YOU HAVEN'T GONE, I'M GLAD  
IF YOU CAN HEAR ME, I'M GLAD YOU HEARD THIS SONG  
I'M GLAD YOU HEARD THIS SONG, JUST ONCE

IF THERE IS EVER ANOTHER MAN  
JUST COME AND SEE ME AS BEST YOU CAN

YOU'RE ALWAYS IN MY HEART  
YOU'RE ALWAYS IN MY PLANS  
YOUR FACE IS BUT A DREAM  
AND I CAN'T PAIN THE CAUSE IT STANDS

YOU'RE ALWAYS IN MY HEART  
YOU'RE ALWAYS IN MY PLANS  
I CAN'T WAIT TO SEE THE DAY I HOLD YOUR FACE BETWEEN MY HANDS

WAY BENEATH THE SEA  
A SHADE BENEATH THE SAND  
I CAN'T WAIT TO SEE THE DAY I HOLD YOUR FACE BETWEEN MY HANDS

08-RUNNING FROM YOUR LOVE

I'M RUNNING FROM YOUR LOVE BUT I CAN'T SHAKE IT  
I THINK YOU'VE HAD ENOUGH OF LOVE THAT'S TRUE  
BUT WHEN I'M IN THAT PLACE,  
I GUESS I MAKE YOU MAKE THAT FACE  
AND IT'S A SAD ONE  
IT'S A BAD ONE  
IT'S A SAD ONE, YEAH IT'S TRUE

I'M LOOKING THROUGH THE PICTURES ON MY CELLPHONE  
I REMEMBER WHEN YOU'D SEND ME NAKED TRUTH  
BUT WHEN I SEE YOUR BODY AT THE COSTUME CHRISTMAS PARTY  
THAT'S A BAD ONE  
THAT'S A SAD ONE, WHEN I SEE YOU

YOU'RE MOVING TOO FAST, I'M MAKING IT LAST  
SO WHY SHOULD I TRY TO CARRY ON  
OH, SOMEONE'S UPSET

THEY'RE MAKING A MESS OF MY LIFE, WHY SHOULD I CARRY ON

I CANNOT SEE MY FRIENDS FOR THE FOREST  
I CANNOT HEAR THEIR VOICES, FALLING LEAVES  
BUT IF I AM ALONE I'M GONNA SUFFOCATE MY PHONE  
'CAUSE IT'S A BAD ONE  
IT'S A SAD ONE, WHEN IT WON'T RING  
AND I CAN'T BREATHE

09-HELP

WAIT, DON'T GO  
I'LL KEEP YOU ON THE STREET THAT'S STRAIGHT AND NARROW  
WITH ALL MY FRIENDS  
THERE'S ANOTHER KIND OF LOVE  
THAT KEEPS YOU SWINGING IN THE PARK  
NOT FROM THE TREES, IN THE BREEZE  
IN THE DARK

AIN'T NO GOD GAVE ME ANSWERS  
THAT I CAN TELL  
I'M PUSHING THROUGH THESE DANCERS  
I WANNA YELL  
I'M RUNNING TO THE THRONE  
I'M SCREAMING BUT I'M ALL ALONE

I MISS YOU

10-SHOULD YOU EVER CHANGE YOUR MIND

MY FEELING DEEP INSIDE  
I'M SITTING BENEATH THE LIGHTS  
SHOULD YOU EVER CHANGE YOUR MIND?  
SHOULD YOU EVER CHANGE YOUR MIND, CALL

JUST CALL

I'M BREEZING THROUGH THE LIGHTS  
I'M TEASING THE DARKEST NIGHTS  
SHOULD YOU EVER CHANGE YOUR MIND?  
SHOULD YOU EVER CHANGE YOUR MIND, CALL  
JUST CALL

11-FREQUENCY

I KNOW NOW WHAT I ALWAYS TRIED TO THINK OF  
I KNOW NOW WHAT I ALWAYS WANNA SAY  
NOW I KNOW YOU WISH THE BEST UPON ME  
CALL MY NAME AND I'LL COME RUNNING

HOW I WANNA SEE YOU IN THE HOUSE  
IN THE T-SHIRT WITH THE HEM THAT'S COMING OUT  
AND THE CHERRY STEM JUST TWISTING IN YOUR MOUTH

I KNOW NOW THAT FREQUENCY CAN SAVE US  
FREQUENCY CAN MAKE US INTO SOMETHING NEW

FREQUENCY CAN SAVE US  
TAKE AWAY THE PAIN OF  
ALL THE THINGS WE MADE UP  
EVERYTHING YOU'RE AFRAID OF  
ANYTHING CAN BREAK US  
BODIES MADE OF SPACE DUST  
THAT WASH AWAY IN RAIN

IF THERE'S ANYTHING THAT EVER MAKES YOU SORRY  
IF THERE'S ANYTHING THAT EVER TAKES YOU DOWN

I KNOW NOW THAT FREQUENCY CAN SAVE US  
FREQUENCY CAN MAKE US INTO SOMETHING NEW

I KNOW NOW FREQUENCY CAN TAKE US  
STRIP US DOWN, WE'RE NAKED  
NOTHING BUT THE TRUTH

THEN I LOOK AWAY

YOU CAN SEE BETTER THAN THE REST

-----  
JAKE BELLOWES - NEW OCEAN

FEATURING THE LOST GOSPELS: BEN BRODIN, TODD FINK, RYAN FOX,  
AND HEATH KOONTZ

RECORDING AND MIX ENGINEER: BEN BRODIN  
ASSISTANT ENGINEER: BOBBY RUBALCAVA  
MASTERED BY CARL SAFF

RECORDED AT ARC STUDIOS IN OMAHA, NE  
ADDITIONAL RECORDING AT ENAMEL STUDIO IN OMAHA, NE, AND  
IN BASEMENTS AND BEDROOMS IN LOS ANGELES, CA, PORTLAND, OR,  
KELOWNA, BC, AND OMAHA, NE

ARTWORK AND LAYOUT BY ZACK NIPPER

SPECIAL THANKS TO MIKE AND JESSICA MOGIS AND ARC STUDIOS,  
ENAMEL STUDIO, AND FILM STREAMS THEATER

01-NEW OCEAN  
JAKE BELLOWES - VOICE, ELECTRIC GUITAR  
BEN BRODIN - DRUMS, ORGAN  
TODD FINK - VOICE  
RYAN FOX - ELECTRIC GUITAR  
HEATH KOONTZ - BASS  
MORGAN NAGLER - VOICE  
HEATHER PORCARD - VOICE

02-ALL RIGHT NOW  
JAKE BELLOWES - VOICE, ELECTRIC GUITAR  
BEN BRODIN - DRUMS, ELECTRIC PIANO, ELECTRIC GUITAR, VOICE  
TODD FINK - ELECTRIC GUITAR, VOICE  
RYAN FOX - ELECTRIC GUITAR, PERCUSSION, VOICE  
HEATH KOONTZ - BASS  
MORGAN NAGLER - VOICE

03-YOU AND ME  
JAKE BELLOWES - VOICE, ELECTRIC GUITAR  
BEN BRODIN - DRUMS, ELECTRIC GUITAR  
RYAN FOX - ELECTRIC GUITAR  
HEATH KOONTZ - BASS  
KACYNNA TOMPSETT - VOICE

04-DRINKING WITH DAD  
JAKE BELLOWES - VOICE, ELECTRIC GUITAR  
PEARL LOVEJOY BOYD - VOICE  
BEN BRODIN - DRUMS, MELLOTRON, PIANO  
RYAN FOX - ELECTRIC GUITAR, BASS

05-TWO WEEKS  
JAKE BELLOWES - VOICE, ELECTRIC GUITAR  
BEN BRODIN - DRUMS  
RYAN FOX - BASS  
KENDALL PANAS - VOICE  
TABITHA PANAS - VOICE

06-I KNOW YOU  
JAKE BELLOWES - VOICE, ELECTRIC GUITAR  
BEN BRODIN - DRUMS, ORGAN, ACOUSTIC GUITAR, VOICE  
TODD FINK - PERCUSSION  
RYAN FOX - PERCUSSION, SOUNDSCAPE  
HEATH KOONTZ - BASS

07-I CAN'T WAIT  
JAKE BELLOWES - VOICE, ACOUSTIC GUITAR  
KENDALL PANAS - VOICE  
TABITHA PANAS - VOICE

08-RUNNING FROM YOUR LOVE  
JAKE BELLOWES - VOICE, ELECTRIC GUITAR  
BEN BRODIN - DRUMS, ELECTRIC PIANO, ELECTRIC GUITAR, VOICE  
RYAN FOX - BASS

09-HELP  
JAKE BELLOWES - VOICE, ELECTRIC GUITAR  
BEN BRODIN - DRUMS, PIANO  
RYAN FOX - ELECTRIC GUITAR  
HEATH KOONTZ - BASS  
MORGAN NAGLER - VOICE  
KENDALL PANAS - VOICE  
TABITHA PANAS - VOICE

10-SHOULD YOU EVER CHANGE YOUR MIND  
JAKE BELLOWES - VOICE, ACOUSTIC GUITAR, ELECTRIC GUITAR  
PEARL LOVEJOY BOYD - VOICE  
BEN BRODIN - DRUMS  
RYAN FOX - KEYBOARD, PERCUSSION  
ALESSI LAURENT-MARKE - VOICE  
HEATH KOONTZ - BASS

11-FREQUENCY  
JAKE BELLOWES - VOICE, ELECTRIC GUITAR  
BEN BRODIN - DRUMS, ELECTRIC GUITAR, ELECTRIC PIANO  
TODD FINK - SYNTH, ELECTRIC GUITAR  
RYAN FOX - ELECTRIC GUITAR  
HEATH KOONTZ - BASS